



(800) 333-2888  
www.nettts.com/HOS

INDUSTRY SAFETY TRAINING

# HOURS OF SERVICE

## ENSURE YOUR DRIVERS CURRENT ON RULES & REGULATIONS

This course is designed to provide guidance and education on current federal and state laws, rules and regulations that affect your drivers.

The Hours of Service (HOS) program covers the hours a driver is allowed to drive and work each shift to stay compliant and within regulation. Through this program, you'll learn:

- How to reduce fines and out of service violations
- Dis-spell myths and trucker rumors
- Exceptions to rules
- Help keep your CSA rating low
- Keeping record of duty time
- Planning a multi-day trip

### ***This 4-hour course includes:***

- Drive time vs. On-duty time
- Off-duty time vs. sleeper berth time
- Split sleeper berth times
- Sleeper berth exceptions
- Mandatory off-duty times
- Local drivers and the HOS
- Out of Service violations – what do they mean?
- Planning your trip, and much more



## NETTTS IS THE SOLUTION FOR YOUR DRIVER TRAINING NEEDS



### Prevent

Federal DOT  
audit findings



### Reduce

Driver down  
time



### Maintain

Safe driving  
habits



### Educate

Your entire  
team



### Prepare

For the road  
ahead

***Reasonable & Flexible prices – call (800) 333-2888 for your quote today!***